

I've been sewing for 15+ years

starting with costuming for various occasions. I'm a fabric artist that now makes art quilts and functional fabric organizers. Bags and boxes are my canvas, fabric the paint, my sewing machine and thread the brush.

I teach private lessons to both adults and kids within the Napa and Sonoma area. \$70 for 2 hours, 95\$ for a 3-hour lesson.

- Machine sewing with confidence.
- Finishing projects while learning the basics of design.

Contact:

Classes 1st, 3rd Tuesday

VILLAGE SEWING CENTER

506 Lewis Rd, Santa Rosa, CA 95404

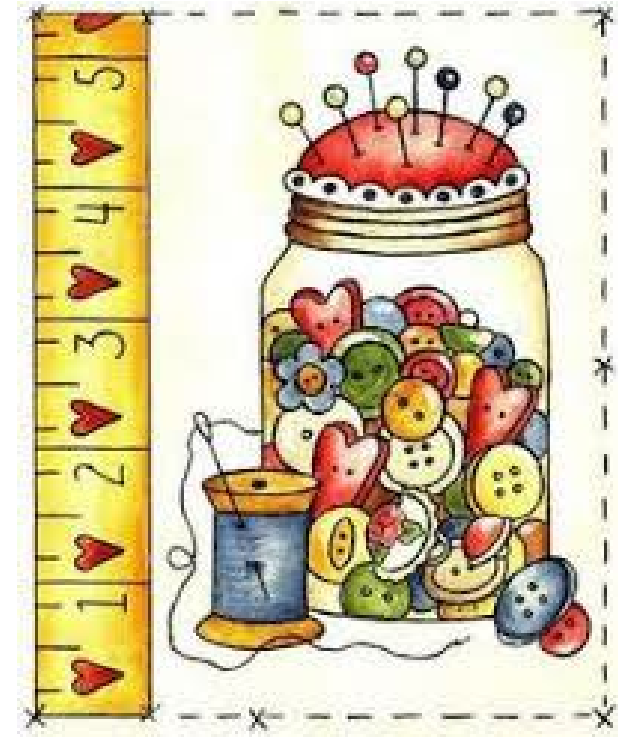
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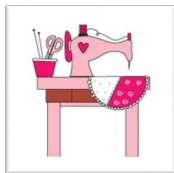
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Basics



Simple Sewing

Getting started on your sewing machine!



Simple Sewing

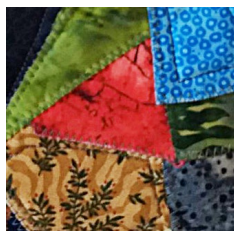
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Projects

Zig Zag Coaster



- Zig Zag fabric scraps on a piece of batting cut into 6x6" square.
- Cut out square from backing fabric.
- Put backing fabric and zig zagged fabric right sides together.
- Pin, sew around edge with ¼" seam leaving a hole for turning about 2".
- Trim corners. Put through hole.
- Stay stitch around top edge 1/8"

Sew-as-you-go Potholder



- Cut 8" long fabric strips or shorter.
- Cut 8" square from 2 pieces of batting.
- Lay one strip on batting facing up. Then put another strip right sides together on first strip.
- Sew a ¼" seam down right edge connecting both strips together with batting. Continue with rest of strips.
- Follow coaster steps 4-6 to finish.

Different Pattern Types

Paper (old school)

Made from tissue paper that comes in a package by brands like Simplicity, McCall's, and Kiwi. You cut out the numbered pattern pieces and use the detailed instructions and drawings to put the project together. The instructions are created by professionals who are masters in pattern making.

PDF/ YouTube

Downloadable patterns you print from your home printer. These patterns use multiple pieces of paper that must be cut out and taped together. If the pattern uses rectangles only, you may only get instructions on what size rectangles to cut out. Prints with instructions and sometimes photographs taken and created by an armature sewer.

Booklet

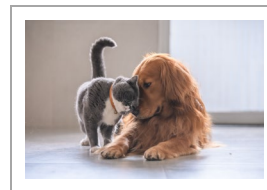
No paper pattern included (most times). Has instructions on how to draw out the pieces. Has drawings on how to assemble the project in more detail than a PDF. Usually created by an independent person beyond armature sewing instruction capabilities.

Books like "One Yard Wonder"

Comes with some patterns, but mostly instructions on how to make your own patterns. Great colored pictures and some drawing. Pictures and drawing are minimized over lots of written instructions written by multiple sewers and makers.

Top Rules in Sewing

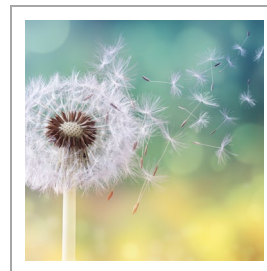
Rule #1



BE KIND TO YOURSELF

The best part about learning how to sew is how you grow! Never give up on a project. Continue with a project until you get it, no matter how much seam ripping, and frustration occurs. You will come out on top.

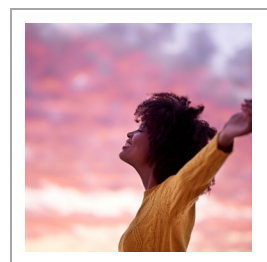
Rule #2



HAVE FUN! DON'T RUSH!

Take breaks when needed. Get up and go for a walk. Don't sew when you're too tired or frustrated. You'll make more mistakes. If you're under a time constraint, breathe while taking 30 second breaks in between seams. Get a glass of water, iron your seams.

Rule #3



YOUTUBE IS NOT REAL

Don't judge yourself by others. You have your own learning speed, style, and amount of time you're able to sew. The most important thing is that you're sewing, no matter what the project!

Getting Started

Thread: *Coats & Clarks, Gutermann, Mettler*

White – Gray – Black – Cream – Navy

100% polyester, cotton, rayon: 50 wt. or 60 wt.

Smaller number thicker thread. Bigger number thinner thread.

“Even the best quilter has to start with a single stitch.”

Needles

Lower the number the finer the needle. Higher the number the larger the needle.

Most used: Universal *90/14, 80/14*

Slightly rounded tip to glide through fabric without cutting the fibers.

- **Jean:** Very sharp point and a stronger shank to prevent needle bending or breakage through heavy fabrics
- **Stretch:** two-way stretch fabrics such as dancewear, lycra, and elastic
- **Jersey:** Has a rounded point that will not cut fibers through knits
- **Topstitch:** Goes through thick cotton. Has a sharp point to sew through several layers. Also used for decorative stitching.

Interfacing / Stabilizers

- **Batting:** Polyester 80/20, 100% cotton or polyester
- Felt or fleece
- Iron-on
- Foam
- Wash away (decorative stitching)

Glues

- Spray 505 temporary
- Spray 606 permanent heat set
- Liquid *Aleene's* No-Sew temporary
- Liquid *Aleene's* No-Sew permanent heat set
- *Peillon Under Wonder* transfer web

Other supplies

- Rotary cutter 45"
- Rotary cutting mat 12"
- 12" ruler
- Marking chalk or pen