



[Excusemeprofessor.com/sewing](http://Excusemeprofessor.com/sewing)

“BEAUTIFUL THINGS COME TOGETHER ONCE STITCH AT A TIME.”

“SEWING IS MY THERAPY.”

“NEVER UNDERESTIMATE THE POWER OF A SEWING MACHINE.”

“MY SOUL IS FED WITH NEEDLE AND THREAD.”

“WHAT I MAKE WITH MY HANDS I GIVE WITH MY HEART.”

“HAPPINESS IS A FULL BOBBIN.”

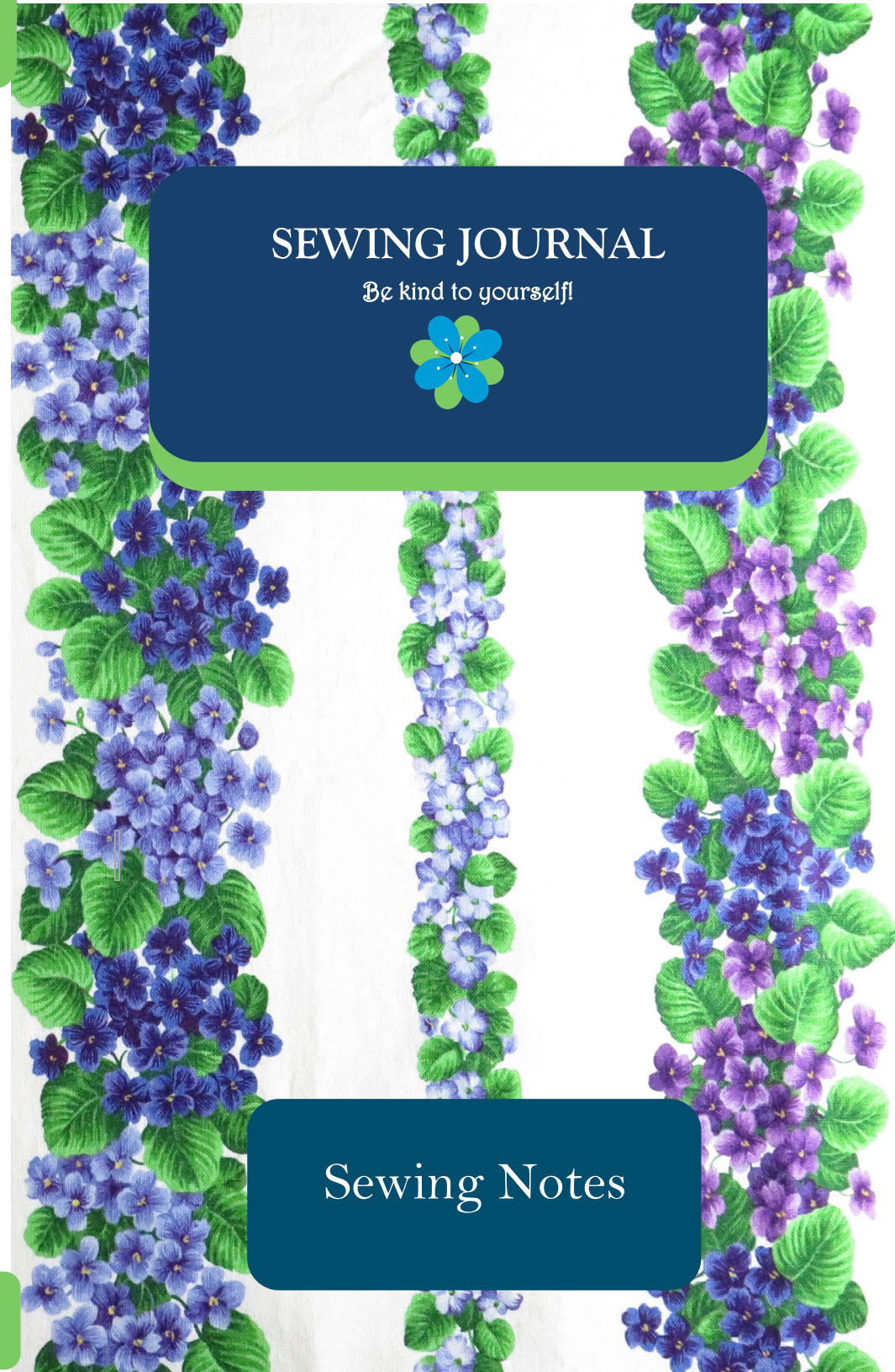
“CHANGE THE NEEDLE, CHANGE THE THREAD, ADJUST THE TENSION AND TRY AGAIN.”

## SEWING JOURNAL

Be kind to yourself!



Sewing Notes





## Notes

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## List of things to get

### Fabric



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### Thread



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### Accessories



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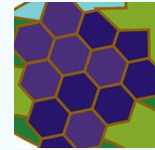
# Sewing Calendar

Sun Mon Tues Wed Thurs Fri Sat

Sun	Mon	Tues	Wed	Thurs	Fri	Sat

## Local Sewing Groups

### Napa Quilters Guild



[Napavalleyquilters@gmail.com](mailto:Napavalleyquilters@gmail.com)

Senior Citizen Center

1500 Jefferson St., Napa, CA

### Santa Rosa Quilt Guild



Veteran's Memorial Building

1351 Maple Ave., Santa Rosa, CA

### America Sewing Guild



Cross and Crown Lutheran Church

5475 Snyder Ln., Santa Rosa, CA



## Resources

WeAllSew.com

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### *YouTube*

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- Thuy Crafts
- The Sewing Channel
- Show of Crafts
- The Crafty Gemini
- Min DIY
- Get It Done Quilts
- Man Sewing
- Making It Fun
- Bernadette Banner
- Evelyn Wood



## Projects List

- Coaster
- Potholder
- Mug Rug
- Pin Cushion
- Lined bag with handle
- Boxes and buckets